

**Public Health Awareness, Maternal and Child Health Care Awareness and  
Observation of National and International Programmes**

**2014 -15**

1. Cardiac diseases
2. Life style diseases
3. Obesity and its management
4. Importance of Food Hygiene
5. Gestational Diabetes Mellitus
6. Appendicitis
7. Intestinal Obstruction
8. Diabetes Mellitus
9. Preventive Measures from Hypertension
10. Impact of Obesity on health and its management with Unani Medicine
11. Fissure in Ano- prevention and its management
12. Swine Flu (H1N1): Symptoms and prevention
13. Cholelithiasis: Causes and treatment
14. Observation of HIV/AIDS Awareness week on 05.12.2014
15. Communal Harmony Week observed from 19-25<sup>th</sup> Nov 2014
16. Anti-Terrorism week observed on 21.05.2014

**2015 -16**

1. PCOD and its Unani Management on 01.04.2015
2. Genital infections in women on 08.04.2015
3. Heavy menstrual flow and Unani Medicine on 15.04.2015
4. Pelvic organ prolapse and Unani Treatment on 22.04.2015
5. Causes of low backache in Women and its Management on 29.04.2015
6. PPH – Prevention and Management on 06.05.2015
7. Heavy Menstrual Bleeding during Adolescence and Unani Management on 13.05.2015
8. Importance of ANC and Unani Medicine on 20.05.2015
9. Importance of Breast feeding and role of Unani medicine in improving lactation on 27.05.2015
10. Complications of thyroid dysfunction and its management on 03.06.2015
11. Premenstrual Syndrome with Unani Management on 10.06.2015
12. Menstrual hygiene in Adolescence on 17.06.2015
13. Management of postmenopausal syndrome and Unani treatment on 24.06.2015
14. Abnormal Uterine Bleeding and its management on 01.07.2015
15. Vomiting in pregnancy and its Management on 03.07.2015
16. Iron deficiency Anaemia in pregnancy with Unani Management on 10.07.15
17. Family Planning on 22.07.2015
18. Adolescence health problems in females and Unani treatment on 29.07.2015

19. Preterm labour and its Unani Management on 05.08.2015
20. Abnormal Uterine bleeding and Unani Management on 12.08.2015
21. Female infertility and its management on 19.08.2015
22. Internal care on 26.08.2015
23. Amenorrhoea and its management on 02.09.2015
24. Antenatal Care on 09.09.2015
25. Pregnancy induced hypertension and its Unani Management on 16.09.2015
26. Maternal nutrition and diet on 23.09.2015
27. Thyroid diseases and pregnancy on 30.09.2015
28. Adolescence Gynaecological problems and its Unani Management on 07.10.2015
29. Intrauterine growth restriction and its Unani Management 21.10.2015

**2016 - 17**

1. Various Programmes under Swachh Bharat Abhiyan like School Health Surveys, Cleanliness drive, Weeding of records, organization of Free health Camps
2. Adoption of colonies
3. Observation of World AIDS day on 01.12.2016
4. Observation of Anti Leprosy day on 31.01.2016
5. Observation of World Cancer day on 04.02.2016
6. Observation of World Meteorological day on 23.03.2016
7. Observation of World Tuberculosis day on 24.03.2016
8. Beat Diabetes Mellitus 07.04.2016
9. Myocardial infarction its causes and Management on 26.04.2016
10. Renal Calculi and its management on 24.05.2016
11. General Awareness and Prophylactic measures on Joint Disorders on 25.06.2016
12. Preventive and therapeutic awareness of degenerative joint diseases in old persons on 22.08.2016
13. Important precautions for Joint protection in the elderly on 29.09.2016
14. Hepatitis its causes and management on 04.10.2016
15. Cardiac failure and its causes on 18.10.2016
16. Prevention and Management of Hypertension on 08.11.2016
17. Management of Obesity on 15.11.2016
18. Awareness of gall stone and its management on 06.12.2016
19. Awareness of PCOD and its management on 24.01.2017
20. Awareness of Renal calculi and its management 10.01.2017
21. Awareness of cancer and its prevention on 04.02.2017
22. Vomiting in pregnancy and its Unani Management on 13.04.2016
23. Gestational diabetes and its management on 20.04.2016
24. Thyroid diseases and pregnancy on 01.06.2016
25. Heavy menstrual bleeding and Unani management on 08.06.2016
26. Anovulatory infertility and its Unani Management 15.06.2016
27. Hyperemesis Gravidarum and Unani Medicine on 22.06.2016

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28. Tuberculosis in pregnancy on 29.06.2016
29. Anaemia in pregnancy and Unani Medicine 13.07.2016
30. Genital prolapse and its Unani Management 20.07.2016
31. Endometriosis and its management on 27.07.2016
32. Menstrual disorders and Unani management on 10.08.2016
33. Pregnancy induced Hypertension and Unani management on 17.08.2016
34. Ovarian Cancer and its prevention and management on 24.08.2016
35. Immunization during pregnancy on 31.08.2016
36. *Sailanur Rahim* and its Unani management on 07.09.2016
37. Common problems in Adolescence on 14.09.2016
38. Uterine prolapsed and Unani Medicine on 21.09.2016
39. PIH and Management on 28.09.2016
40. Fibroid Uterus and its management on 12.10.2016
41. Abnormal Uterine bleeding and Unani management on 14.10.2016
42. Cervical ectopy and Unani management on 23.11.2016
43. Infertility and its management on 07.12.2016
44. Postnatal care and preventive measure on 19.12.2016
45. Postmenopausal syndrome on 21.12.2016
46. Antenatal care on 28.12.2016
47. Unsafe abortion complications and prevention on 04.01.2017
48. Urinary tract infections and Unani treatment 11.01.2017
49. Puerperal infections and its management on 01.02.2017
50. Obesity and reproductive disorders and Unani treatment on 11.02.2017
51. Stress urinary incontinence and its Unani management on 18.02.2017
52. Jaundice in pregnancy and Unani management on 08.03.2017
53. Leucorrhoea and Unani treatment on 22.03.2017
54. PID and its Unani management on 29.03.2017

### 2017-18

1. Observation of World Health day on 07.04.2017
2. Observation of National Safe motherhood day on 11.04.2017
3. Observation of Anti-tuberculosis day on 31.05.2017
4. Observation of World Environment day on 05.06.2017
5. Observation of World nutrition week on 1-7<sup>th</sup> Sep 2017
6. Observation of World Cardiovascular / Heart Day on 29.09.2017
7. Observation of World Arthritis day on 12.09.2017
8. Observation of World Malaria day 20.09.2017
9. Observation of World immunization day 10.10.2017
10. Observation of World HIV/AIDS day 01.12.2017
11. Observation of World population day on 11.07.02017 and 29.09.2017
12. Observation of World Mental Health day on 10.10.2017



13. Observation of Measles elimination and Rubella Control programmes from 07.02.2018 to 28.02.2018
14. Awareness regarding preventive measures for cervical spondylosis and its management on 09.05.2017
15. Etiological factors and management of BPH on 23.05.2017
16. Etiological factors and management of Bronchial Asthma 13.06.2017
17. Common Gynaecological problems and its management (School going girls) 15.07.2017
18. Etiology and management of COPD 14.07.2017
19. Awareness regarding world breast feeding week 01.08.2017
20. Awareness and preventive measures for Lumbar Spondylosis and management 08.08.2017
21. Etiological factors and management of Cholelithiasis 22.08.2017
22. Etiological factors and management of Bronchitis 14.09.2017
23. Etiological factors and management of Alcoholic liver diseases 17.10.2017
24. Heart failure 24.10.2017
25. Polycystic ovarian syndrome 07.11.2017
26. Importance of Antenatal care 14.11.2017
27. Hand Hygiene in pregnancy 21.11.2017
28. Etiological factors and management of Arthritis 05.12.2017
29. Etiological factors and management of BPH 12.12.2017
30. Etiological factors and management of Chronic Sinusitis 27.12.2017
31. Awareness of Renal Calculi ad its management 09.01.2018
32. Awareness of leprosy and its management 31.01.2018
33. Awareness of Bronchial Asthma and its management. 06.02.2018
34. Awareness of Tuberculosis 24.03.2018
35. Hyperemesis gravidarum and Unani treatment 05.04.2017
36. Galactagogue drugs in milk insufficiency 12.04.2017
37. Breast feeding and Unani Medicine 19.04.2017
38. Abnormal uterine bleeding and its Unani treatment on 26.04.2017
39. Minor aliments during pregnancy and Unani management on 03.05.2017
40. Immunization in pregnancy 10.05.2017
41. Postnatal care and Unani medicine on 17.05.2017
42. Maternal nutrition and Unani medicine on 24.05.2017
43. Fibroid Uterus and Unani management on 31.05.2017
44. Pregnancy induced hypertension – Screening prevention and Unani Management on 07.06.2017
45. Postnatal care on 14.06.2017
46. Iron deficiency anaemia in pregnancy and Unani medicine on 21.06.2017
47. Prolapsed uterus and Unani medicine on 05.07.2017
48. PCOD and Unani management on 12.07.2017
49. Hand hygiene on 21.07.2017



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50. Hospital delivery and importance on 26.07.2017
51. Genital prolapsed and Unani medicine on 02.08.2017
52. Obesity and its management by Unani medicine on 09.08.2017
53. Gestational diabetes mellitus screening prevention and Unani management on 16.08.2017
54. HIV and pregnancy on 23.08.2017
55. Importance of Breast feeding and Unani Medicine on 30.08.2017
56. PIH and Unani medicine on 06.09.2017
57. Diet in pregnancy on 12.09.2017
58. Infertility evaluation and management on 20.09.2017
59. Gestational diabetes and its management and Unani medicine on 27.09.2017
60. Breast cancer and Unani medicine on 04.10.2017
61. Hirsutism and its Unani Management on 11.10.2017
62. Unsafe abortion complications prevention and management on 19.10.2017
63. Anaemia in reproductive age group screening and Unani Management on 25.10.2017
64. PPH and Unani Management 07.10.2017
65. Gestational diabetes mellitus and Unani medicine on 14.11.2017
66. Secondary Amenorrhoea and its Unani management on 21.11.2017
67. Nutrition in pregnancy on 06.12.2017
68. Leucorrhoea: evaluation and Unani treatment on 13.12.2017
69. Pelvic pain and its management on 27.12.2017
70. UTI in pregnancy and Unani Management on 24.01.2018
71. Dysmenorrhoea and Unani Management on 31.01.2018
72. Heavy menstrual bleeding and Unani management on 07.01.2018
73. Antenatal care and Unani management on 14.01.2018
74. Pelvic inflammatory diseases and Unani management 28.02.2018
75. Postpartum haemorrhage and its management with Unani medicine on 28.03.2018

### 2018 -19

1. Awareness of about World health Day on 07.04.2018
2. Awareness about National Safe Motherhood day on 11.04.2018
3. Etiological factors and management of BPH on 23.05.2018
4. Awareness regarding Anti-Tobacco Day on 31.05.2018
5. Awareness regarding World Environment Day on 05.06.2018
6. Etiological factors and management of Arthritis on 06.06.2018
7. World Population Day on 11.07.2018
8. Etiological factors and management of Cholelithiasis on 21.08.2018
9. Importance and awareness of Cleanliness and Hygienic measures on 27.09.2018
10. World Mental Health day observance on 10.10.2018
11. World Arthritis day Observance on 12.10.2018
12. Etiological factors and management of BPH on 12.12.2018

13. Prevention from vector borne disease, hand Hygiene and *Swachhata* Awareness on 20.10.2018
14. Bronchial Asthma and its Management on 12.11.2018
15. Awareness of leprosy and its management on 31.01.2018
16. Hand Hygiene and its importance on 11.02.2018
17. BMW management and disposal on 12.03.2018
18. Abnormal Uterine bleeding and its management on 18.04.2018
19. Leucorrhoea Evaluation and its Unani Treatment on 12.12.2018
20. Gestational Diabetes and diet modification on 19.12.2018
21. Nutrition in pregnancy 26.12.2018
22. Hyper emesis gravidarum and Unani Medicine on 02.01.2019
23. PCOD evaluation and its Unani treatment on 09.01.2019
24. Pregnancy induced Hypertension and Unani Treatment on 16.01.2019
25. Heavy Menstrual bleeding and Unani Management on 23.01.2019
26. Thyroid disorder and its Management on 30.01.2019
27. Premenstrual syndrome and Unani Medicine on 06.02.2019
28. Anaemia in pregnancy and its Unani Treatment 13.02.2019
29. Pregnancy induced Hypertension and Unani Treatment 20.02.2019
30. Dysmenorrhoea and Unani Management on 27.02.2019
31. PCOD and its Unani Management on 06.03.2019
32. Pelvic inflammatory diseases and Unani Medicine on 13.03.2019
33. Dysmenorrhoea and its treatment on 12.03.2019
34. Pregnancy induced Hypertension and Unani Treatment on 27.03.2019



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**Continuing Medical Education Programmes****2014-15**

1. CME on Amraze Jild wa Tazeeniyaat on 26.08.2014
2. CME on Current Scenario in Obstetric Care and role of Unani Medicine on 23.09.2014
3. 02 CME for Unani Medical Officers and Practitioners on 2-4<sup>th</sup> Feb 2015 and another on 5-7<sup>th</sup> Feb 2015
4. Training Programme in *Ilaj bit Tadbeer* for Unani Practitioners on 26.03.2015

**2015-16**

1. CME / Training programme on *Al- Hijama* (The natural art of healing in Unani System of Medicine) on 23.02.2016
2. Training Programme on *Hammam* Therapy – A unique way of treatment in Unani System of Medicine on 24.02.2016
3. CME / workshop on research methodology for fundamental principles in Unani Medicine on 11-12<sup>th</sup> June 2015

**2016-17**

1. On cupping therapy in Gynaecological disorders on 22.08.2016

**2017-18**

1. 02 days CME for private practitioner of Unani Medicine from 1-2<sup>nd</sup> Nov 2017
2. 06 days CME for teachers of *Ilmul Advia* of Unani Medical college from 18-23<sup>rd</sup> Nov 2017

**2018 -19**

1. On the occasion of Unani Day on the topic “Unani Medicine for Public Health”

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## NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU

## Details of Medical Camps

Sl. No.	Dates	Area of the Camp	Type	No. of Attendee
1.	15.01.05	Vidyaranyaapuram, Magadi Road	Free Medical camp	106
2.	28.01.05	Al. Ameen College	Free Medical camp	166
3.	26.02.05	Maruthi Nagar, Kamakshipalya	Free Medical camp	54
4.	18.06.05	Peenya II stage	Free Medical camp	425
5.	08.07.05	Beggars Colony	Free Medical camp	90
6.	23.07.05	Karim Sab Layout	Free Medical camp	395
7.	20.08.05	Govt. Urdu Higher Primary School, Gopalpuram	Free Medical camp	395
8.	27.08.05	Subhania Mosque School, Padrayanpura	Free Medical camp	960
9.	17.09.05	New Noble English School, Rashad Nagar	Free Medical camp	548
10.	01.10.05	Govt. Urdu Higher Primary School, Kareem Saheb Layout, Hegganahalli	Free Medical camp	280
11.	03.12.05	Govt. Urdu Higher Primary School, Ramachandra Puram	Free Medical camp	368
12.	10.12.05	Kamakshipalya School	Free Medical camp	110
13.	18.02.06	Karnataka Layout	Free Medical camp	272
14.	18.03.06	Mathur Layout, Dasarahalli	Free Medical camp	234
15.	20.05.06	Kamalanagar	Free Medical camp	234
16.	17.06.06	GowriPalya, Padrayanapura	Free Medical camp	467
17.	24.06.06	Beedi Workers Colony, Kengeri	Free Medical camp	332
18.	22.07.06	Magadi Town	Free Medical camp	350
19.	29.07.06	Maruthinagar, Kamakshipalya	Free Medical camp	322
20.	26.08.06	Indira Nagar, Rajaji Nagar	Free Medical camp	310
21.	02.09.06	T. Dasarahalli	Free Medical camp	376
22.	16.09.06	Layer Palya, NayandaHalli	Free Medical camp	483
23.	27.01.07	Tavarekere	Free Medical camp	300
24.	02.09.07	T. Dasarahalli	Free Medical camp	376
25.	18.08.07	Nandini Layout, Kamakshipalya	Free Medical camp	330
26.	02.10.07	HegganaHalli, Peenya II Stage	Free Medical camp	253
27.	17.11.07	Maruthi Nagar, KamakshiPalya	Free Medical camp	275
28.	01.12.2007 to 12.12.2007	Faculty deputed to Haj camp, Hedgenagar, Bangalore	Haj Camp	-
29.	01.03.2008	Kengeri Satellite Town, Bangalore	Free Medical camp	350
30.	01.03.08	Beedi workers colony, Kengeri	Free Medical camp	311
31.	07.06.08	Hosur Banda, Tawakkal Farm, Hennure Main Road, Bangalore.	Free Medical camp	500
32.	28.06.08	GurappanPalya, BTM Layout, Bangalore	Free Medical camp	569
33.	01.11.08	Ahmad Nagar, G.G. Halli, Nayanda Halli, Bangalore - 39	Free Medical camp	312



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**Details of Medical Camps**

34.	17.01.09	LawyersPalya, Bangalore	Free Medical camp	352
35.	31.01.09	HegganaHalli, Bangalore	Free Medical camp	214
36.	21.02.09	TigelPalya, Mubarak Nagar	Free Medical camp	309
37.	07.03.09	Padrayanapura, Bangalore	Free Medical camp	636
38.	21.03.2009 to 28.03.2009	Govt. Upper primary High School, Kamlanagar, Bangalore	School health camp	-
39.	18.07.09	Peenya II Stage, Bangalore	Free Medical camp	181
40.	09.10.09	Evergreen Public School, Gowripalya, Bangalore	Free Medical camp	322
41.	30.01.10	S.S.P. Convent School, SondelKoppa, Tavarekere, Bangalore	Free Medical camp	272
42.	20.02.10	Mubarak Nagar, Bangalore	Free Medical camp	110
43.	19.08.2009 to 26.08.2009	St Johns Public School,	Students	1100 Students
44.	January 2010	NIUM Hospital, Bangalore	Birth Control awareness camp and infertility	-
45.	20.02.2010	Mubarak Nagar, Tigalara playa	Free Medical camp	-
46.	17.04.10	MariyappanPalya, Bangalore	Free Medical camp	276
47.	19.06.10	New GurupanaPalya, Bangalore	Free Medical camp	376
48.	17.07.10	MunireddyPalya, Bangalore	Free Medical camp	220
49.	07.08.10	Arsikere, Hasan (Dist.)	Free Medical camp	652
50.	26.02.11	Rajendranagar, Koramangala, Bangalore	Free Medical camp	392
51.	26.03.11	BTM Layout, Bangalore	Free Medical camp	641
52.	23.04.11	Hindupur, Andhra Pradesh	Free Medical camp	867
53.	30.04.11	Chandra Layout, Bangalore	Free Medical camp	430
54.	22.06.11	Shamanna Nagar, Bangalore	Free Medical camp	430
55.	30.06.11	Sangam Circle, Bangalore	Free Medical camp	-
56.	16.07.11	Neela Sandra, Bangalore	Free Medical camp	260
57.	30.07.11	Govt. Urdu Primary School, Kachohalli, Bangalore.	Free Medical camp	226
58.	24.09.11	BET composite PU college for Girls	Free Medical camp	250
59.	01.10.11	BET composite PU college for Girls	Free Medical camp	215
60.	22.10.11	Bangalore	Free Medical camp	-
61.	31.10.11	Gurapanpalya BTM Layout, Bangalore	Free Medical camp	278
62.	17.12.11	Razzak Sab Palya, Baglur Post Bangalore North.	Free Medical camp	274
63.	25.02.12	Razzak Sab Palya, Baglur Post Bangalore North.	Free Medical camp	157
64.	28.03.12	At NIUM Hospital lab Bangalore in collaboration with Victoria hospital	Free Medical camp	17
65.	15.04.12	Pulse polio programme NIUM Hospital	Free Medical camp	67



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**Details of Medical Camps**

66.	02.06.12	Balaji international high school, Krupa palya, Hegde Nagar, Bangalore.	Free Medical camp	270
67.	15.09.12	MunawarMohalla R.C Puram Bangalore	Free Medical camp	318
68.	29.09.12	Tannary road Bangalore	Free Medical camp	227
69.	03.10.12	Akurr PHC Ramnagar district	Free Medical camp	318
70.	29.12.13	EidgahMohallah Park 4 <sup>th</sup> main Vinobha Nagar TUMKUR.pin 572101	Free Medical camp	743
71.	20.01.13	Pulse polio programme At NIUM hospital	Free Medical camp	169
72.	16-02-13	Kamala Nagar Bangalore	Free Medical camp	240
73.	23-02-13	Rajajinagar, Bangalore	Free Medical camp	209
74.	18-03-13	Vasan Eye Care Hospital, Bangalore	Free eye check-up camp	-
75.	22-06-13	TavarekereMagadi Main Road, Bangalore-562130.	Free Medical camp	203
76.	18-08-13	K.G. HalliVinobha Nagar, Bangalore.	Free Medical camp	171
77.	28-09-13	DoddaBasti, Bangalore.	Free Medical camp	347
78.	05-10-13	Rajagopal Nagar, Bangalore	Free Medical camp	139
79.	26-10-13	Peenya 2 <sup>nd</sup> stage, Mubarak Nagar Bangalore	Free Medical camp	73
80.	29-11-13	Magadi road tollgate Bangalore	Free Medical camp	342
81.	22-02-14	Munawwara Mohallah, S.R.C. Puram Bangalore	Free Medical camp	356
82.	23.02.14	Pulse polio programme At NIUM hospital	Free Medical camp	222
83.	18-06-14	Vasan Eye Care, Bangalore	Free Medical camp	-
84.	21.06.14	Peenya IInd Stage, Bangalore	Free Medical camp	143
85.	05.07.14	Ramachandrapuram, Bangalore	Free Medical camp	90
86.	06.09.14	Hindupur, Andhra Pradesh	Free Medical camp	47
87.	27.09.14	Gangodana Halli, Bangalore	Free Medical camp	220
88.	25.10.14	Kalasipalya, Bangalore	Free Medical camp	460
89.	31.01.15	G School Heganahalli, Bangalore	Free Medical camp	199
90.	22.02.15	NIUM Hospital	Free Medical camp	151
91.	28.02.15	B.J. Palya Circle, Tumkur Bangalore	Free Medical camp	677
92.	28.02.15	Tumkur, Bangalore	Free Medical camp	-
93.	28-02-15	BJ Palya, Bangalore	Free Medical camp	-
94.	05-06-15 & 06-03-15	Noble High School, Bangalore	Free Medical camp	-
95.	12.03.15	Beedi Makers Colony, Bangalore	Free Medical camp	293
96.	26-03-15	Beedi Colony, Kengeri, Bangalore	Free Medical camp	-
99.	21-07-2015 & 22-07-2015	Surrondings of Bangalore – SC/ST & BPL population	Free Medical camp	
101.	25.04.2015	PeeniyaDasaahalli, Tumkur road, Bangalore	Free Medical camp	142



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**Details of Medical Camps**

102.	06.06.2015	HKMS School 4 <sup>th</sup> Cross, Kolar Bangalore	Free Medical camp	203
103.	09.06.2015	NIUM Hospital, Bangalore	Free Medical camp	266
104.	09.09.2015	NIUM Hospital, Bangalore	Free Medical camp	164
105.	29.07.2015	NIUM Hospital, Bangalore	Free Medical camp	248
106.	12.10.2015	NIUM Hospital, Bangalore	Free Medical camp	79
107.	28.11.2015	Gangodanahalli, Bangalore	Free Medical camp	257
108.	05.12.2015	Ramchandrapuram, Bangalore	Free Medical camp	288
109.	19.12.2015	Beedi Colony, Kengeri Upnagara, Bangalore	Free Medical camp	252
110.	16.04.2016.	Holistic Wellness Centre, Whitefield, Bangalore	Free Medical camp	32
111.	07.05.2016	National Unani Medicine Seminar, Freedom park, Sheshadri road, Bangalore.	Free Medical camp	19
112.	25.06.2016	Wild craft factory, Sundkutkatte, Bangalore.	Free Medical camp	480
113.	17.12.2016	Barline Primary School, Old Pension Mohallah, Near M S function hall, Goodshade Road, Bangalore	Free Medical camp	505
114.	01.04.17 to 31.03.2018	Vokkaligarasangha high school	1-4 <sup>th</sup> standard	140
			5- 7 <sup>th</sup> standard	162
			8 – 10 <sup>th</sup> standard	350
115.	18.02.2017	1 <sup>st</sup> cross Islampur near HidayatulMuslameen, Bangalore	Free Medical camp	304
116.	15.07.2017	Swasthyaparikshan camp at Govt. Urdu High School, Ramchandrapura, Bangalore	Free Medical camp, Awareness Programme for School children	225
117	06-01-2018	Kareem sab Layout, Bangalore	Organized by OBG	124
118	19-05-2018	Swasthyaparikshan camp at Govt. School, Jalahalli cross, Manjunath nagar, Bangalore	Free Medical camp	75
119	30-06-2018	Al-Hilal English Medium School Eidgah Road, Hindupur (A.P.)	Free Medical camp	511
120	28-07-2018	Holy Infant School, Iliyas nagar, Bangalore-78	Free Medical camp	770
121	20-10-2018	Kottige palya, Near Noble school, Magadi road, Bangalore	Free Medical camp	170
122	27-10-2018	Babu Jagjeevan Ram bus stand, goripalya, Bangalore	Free Medical camp	218
123	17-11-2018	Hosur near Madina Masjid, T.N.	Free Medical camp	218
124	01-12-2018	Govt. Higher School,Chikka golarhatti, Bangalore	Free Medical camp	397
125	29-12-2018	2 <sup>nd</sup> Cross, A Street, Magadi Road, gopalpura, Bangalore	Free Medical camp	122
126.	31-01-2019	S T Marks High School, P & T Colony Tanery road, Bangalore	Free Medical camp	332
127.	10-02-2019	Urdu School, Jama Masjid Hosahalli (Tollgate)Bangalore	Hijama camp	57

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## Details of Medical Camps

128.	11-02-2019	A M Function Palace (Afzal shadi Mahal) O.G. Halli, Bangalore	Free Medical camp	280
129.	12-02-2019	Unani Day exhibition at NIUM Campus, Bangalore	Free Medical camp	191
130.	30-03-2019	Near Jama masjid Yaswanthpur	Free Medical camp	172
131.	26.06.2019	ShushrutiVidyasamastepri school & college No 68 SushrutinagarAndrahalli, Bangalore	Free Medical camp	508
132.	29.06.2019	Near Masjid Mohammad Hussain, GangodanaHalli, Bangalore	Free Medical camp	238
133.	06.07.2019	Near Zilla Parishad High school, Beside KB Halli PHC, K Banaspalli Bangalore road A.P	Free Medical camp	759
134.	20.07.2019	Noorulhuda Deeniyat School 120/1, CBI Main road cross, Bangalore	Free Medical camp	109
135.	27.07.2019	Silicon City Public School 3/1 H Colony Indira nagar 1 <sup>st</sup> stage Bangalore-38	Free Medical camp	292
136.	31.07.2019	Govt High School, SheshgiriHalli, Bedadihobli, Mysore road Bangalore	Free Medical camp Awareness programme for School children	170
137.	21.08.2019	Noor English School, Iliyasnagar, Kumarswamy Layout Bangalore	Free Medical camp	316
138.	31.08.2019	Royal English High School, Mahboobnagar, Ramnagar District (KA)	Free Medical camp	639
139.	07.09.2019	Wisdom International School, Mount Heera Education Society, Kumabarpet masjid campus, Court road doddabalapur-561203	Free Medical camp	461
140.	21.09.2019	Anthony Church School GanodanaHalli, Bangalore	Free Medical camp	770
141.	03.10.2019	Bidi workers colony, Kengeri satellite town, Bangalore	Free Medical camp	163
142.	18.01.2020	Farooqia English High School, Rahmath Nagar, R.T Nagar Post, Bengaluru-32	Free Medical camp	228
143.	10.02.2020	Afzal Shadi Mahal4/4 7 <sup>th</sup> Cross, O.G Halli Near auto stand Bengaluru -26	Free Medical camp	150
144.	13.02.2020	Lawyer palya Bangalore	Free Medical camp	176
145.	12.03.2020	Madarsa Merajul Momineen 3 <sup>rd</sup> Cross, Gangodana Halli, Near Nayandahalli, Bengaluru-39	Free Medical camp	356



## NATIONAL INSTITUTE OF UNANI MEDICINE

Kottigepalya, Magadi Main Road, Bangalore – 560 091  
(An autonomous body under Govt. of India, Ministry of Health & Family Welfare)  
Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka

E-mail : [nium.bangalore@yahoo.com](mailto:nium.bangalore@yahoo.com)

Tel : 080-23584260

Fax : 080 -23584180

To

The Chairman/Secretary,  
Okkaligarasanga, sriganada Kavalu, Highschool

Subject: Adoption of Okkaligarasanga, sriganada Kavalu, Primary and Highschool for health appraisal/Check-up

Respected Sir,

I want to bring this into your kind notice that Community Medicine (Unani) department of National institute of Unani Medicine intend to adopt the above cited school for free quarterly medical check-up and distribution of Unani drugs for common ailment. Kindly allow us for the same and oblige.

Enclosure: Permission letter of block education officer

Thanking you with regards,

Yours faithfully,

Dr. ARISH M.K. SHERWANI, MD  
Lecturer & HoD, TST (PSM)  
NIUM, Bangalore-91

ಬಕ್ಕಲಿಗರ ಸಂಘ ಪತ್ರಾಧಿಕಾರಿ

ಶ್ರೀಗಂಧಪ್ಪ ಕಾವಲು,  
ಬೆಂಗಳೂರು-560 079

Dharmadhar  
22.1.13

Dr. ARISH M.K. SHERWANI, MD  
Reader & HoD, TST (PSM)  
NIUM, Bangalore-91

ಕೃಷಿ ಕೃಷಿ ಶಾಸ್ತ್ರಾಂಗಕ್ಕೆ ಕೇವಲ ಬೆಂ. ಉ. ಶಾಖಾ  
ನಗರ. 2ನೇ ಬ್ಲಾಕ್. ಬೆಂ-10.

ಸಂಖ್ಯೆ ಸಿ. 01/2011/12

ದಿನಾಂಕ 22.12.2011

ಓನುಮತಿ ಪತ್ರ.

ಲೇಖಕರು: ಬರ್ಕಲೂರ ನಂಟು. ಅನಂದ. ಕಾಲೇಜು ಶಾಲೆ ಕೆ.ಆರ್.ನಗರ  
ಅಧೀನದ ವಿದ್ಯಾರ್ಥಿ.

ಲೇಖಕರು: NIUM. ಬೆಂಗಳೂರು ರೂರ ವಿಭಾಗಕ್ಕೆ.

ಲೇಖಕರ ಸಹಿ ಲೇಖಕರ ಸಹಿ ಸಂಖ್ಯೆ 456789. ಅಧೀನದ  
M.K. ಶೆಟ್ಟಿ ಲೇಖಕರು. NIUM. TST. ರೂರಕ್ಕೆ  
ಬರ್ಕಲೂರ ನಂಟು. ಅನಂದ. ಕಾಲೇಜು ಶಾಲೆ ಕೆ.ಆರ್.ನಗರ  
ಅಧೀನದ ವಿದ್ಯಾರ್ಥಿ. ಅಧೀನದ ವಿದ್ಯಾರ್ಥಿ 3  
-ನಿರೀಕ್ಷಿಸಿ ಓನುಮತಿ ನೀಡಬೇಕು.

ಸಿ. 20/1/12

ಶಿ.  
ಅಧೀನದ ವಿದ್ಯಾರ್ಥಿ M.K. ಶೆಟ್ಟಿ.  
ಲೇಖಕರು.  
NIUM. ಬೆಂ. 91.

ಕೃಷಿ ಕೃಷಿ ಶಾಸ್ತ್ರಾಂಗಕ್ಕೆ  
ಲೇಖಕರ ಸಹಿ - 1  
2ನೇ ಬ್ಲಾಕ್, ಬೆಂಗಳೂರು  
ಕೆ.ಆರ್.ನಗರ - 560 010

ಕ್ಷೇತ್ರ ಶಿಕ್ಷಣಾಧಿಕಾರಿಗಳ ಕಛೇರಿ ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ ರಾಜಾಜಿನಗರ  
ಉತ್ತರ ವಲಯ-1 ಬೆಂಗಳೂರು -10  
ಸಂಖ್ಯೆ ಸಿ5.ಅನುಮತಿ.01/2013-14

ದಿನಾಂಕ:4.7.2013

ಜ್ಞಾಪನಾ

ವಿಷಯ:- ಮಕ್ಕಳ ವೈದ್ಯಕೀಯ ತಪಾಸಣೆಗೆ ಅನುಮತಿ ನೀಡುವ ಬಗ್ಗೆ

ಉಲ್ಲೇಖ:- ತಮ್ಮ ಪತ್ರ ದಿ 14/03/2013

ಮೇಲಿನ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಉಲ್ಲೇಖಿತ ಪತ್ರದಲ್ಲಿ ಕೋರಿರುವಂತೆ ಒಕ್ಕಲಿಗರ ಸಂಘ ಪ್ರೌಢಶಾಲೆ ಶ್ರೀಗಂಧದ ಕಾವಲು ಬೆಂಗಳೂರು ಶಾಲೆಯ ಮಕ್ಕಳ ವೈದ್ಯಕೀಯ ತಪಾಸಣೆಗೆ ಸಂಬಂಧಿಸಿದಂತೆ ಮಕ್ಕಳ ವೈದ್ಯಕೀಯ ತಪಾಸಣೆಗೆ ಅನುಮತಿ ನೀಡಿದೆ

ಕ್ಷೇತ್ರ ಶಿಕ್ಷಣಾಧಿಕಾರಿಗಳು




ಗೆ.

1.ಡಾ|| ಹರೀಶ ಎಂಕೆ ಶೇರ್ವಾನಿ  
ಎನ್. ಎ. ಯು .ಮೇ .  
ಬೆಂಗಳೂರು

ಪ್ರತಿಯನ್ನು:-

1. ಮುಖ್ಯ ಶಿಕ್ಷಕರು ಒಕ್ಕಲಿಗರ ಸಂಘ ಪ್ರೌಢಶಾಲೆ ಶ್ರೀಗಂಧದ ಕಾವಲು ಬೆಂಗಳೂರು
2. ಕಛೇರಿ ಪ್ರತಿ.

 17/7/13

ಒಕ್ಕಲಿಗರ ಸಂಘ ಪ್ರೌಢಶಾಲೆ  
ಶ್ರೀಗಂಧದ ಕಾವಲು,  
ಬೆಂಗಳೂರು-560 079.

~~ಮುಖ್ಯ ಶಿಕ್ಷಕರು,  
ಒಕ್ಕಲಿಗರ ಸಂಘ ಪ್ರೌಢ ಶಾಲೆ  
ಶ್ರೀಗಂಧದ ಕಾವಲು  
ಬೆಂಗಳೂರು-560 079~~

**Participation in AROGYA Mela****2014-15**

1. At Chandigarh from 9-12<sup>th</sup> May 2014
2. At New Delhi on 6-9<sup>th</sup> Nov 2014
3. At Bangalore on 21-24<sup>th</sup> Jan 2015
4. At Guwahati on 30<sup>th</sup> Jan to 2<sup>nd</sup> Feb 2015
5. At Jaipur on 13-16<sup>th</sup> Feb 2015
6. At Bhubaneshwar on 22-25<sup>th</sup> Feb 2015

**2015-16**

1. At BHU Varanasi 12-15<sup>th</sup> Dec 2015
2. At Dehradun 5-8<sup>th</sup> Feb 2016
3. At Jharkhand 12-15 Feb 2016
4. At Pune 19-22<sup>nd</sup> March 2016
5. At Panaji Goa 26-29<sup>th</sup> March 2016

**2016-17**

1. At Bengaluru on 9-12<sup>th</sup> Sept 2016
2. At NOIDA on 3-5<sup>th</sup> Oct 2016
3. At Kolkata on 1-4<sup>th</sup> Dec 2016
4. At Rajasthan on 13-16<sup>th</sup> Dec 2016

**2017-18**

1. At New Delhi on 4-7<sup>th</sup> Dec 2017

**2018 -19**

- a. At Bengaluru from 05.12.2018 to 09.12.2018
- b. At Ahmedabad from 14-17<sup>th</sup> Dec 2018
- c. At Navi Mumbai from 7-10<sup>th</sup> Feb 2019





11/32 ದಸ್ತಾವೇಜಿನಲ್ಲಿ ಸೇರಿ ಉಪ  
78-19  
ಉ.ನೋ., ನಾಗರಭಾವಿ, ಬೆಂಗಳೂರು

ಕರ್ನಾಟಕ ಸರ್ಕಾರ  
ನೋಂದಣಿ ಹಾಗೂ ಮುದ್ರಾಂಕ ಇಲಾಖೆ  
Department of Stamps and Registration

ಪ್ರಮಾಣ ಪತ್ರ

1957 ರ ಕರ್ನಾಟಕ ಮುದ್ರಾಂಕ ಕಾಯ್ದೆಯ ಕಲಂ 10 ಎ ಅಡಿಯಲ್ಲಿಯ ಪ್ರಮಾಣ ಪತ್ರ

ಶ್ರೀ AMITABH ROUSHAN (CHIEF MANAGER BANK OF BARODA VIJAYANAGAR) , ಇವರು  
1360.00 ರೂಪಾಯಿಗಳನ್ನು ನಿಗದಿತ ಮುದ್ರಾಂಕ ಶುಲ್ಕವಾಗಿ ಪಾವತಿಸಿರುವುದನ್ನು ದೃಢೀಕರಿಸಲಾಗಿದೆ

ಪ್ರಕಾರ	ಮೊತ್ತ (ರೂ.)	ಹಣದ ಪಾವತಿಯ ವಿವರ
ಇತರ ಬ್ಯಾಂಕ್ ಡಿ.ಡಿ.	1360.00	DD No 009524 Rs.1360/- dated 27/Feb/2019 drawn on BANK OF BARODA, VIJAYANAGARA BRANCH.
ಒಟ್ಟು :	1360.00	

ಸ್ಥಳ : ನಾಗರಭಾವಿ

ದಿನಾಂಕ : 27/02/2019

ಉಪ-ನೋಂದಣಿ ಮತ್ತು ಯುಕ್ತ ಅಧಿಕಾರಿ  
ಹಿರಿಯ ಉಪನೋಂದಣಿ ಅಧಿಕಾರಿ  
(ನಾಗರಭಾವಿ)  
ಕಾಚುಜೆನಗರ (ನಾಗರಭಾವಿ)

ಬೆಂಗಳೂರು

Designed and Developed by C- DAC ,ACTS Pune.



सत्यमेव जयते

11532/2018 10h

INDIA NON JUDICIAL

ಈ ದಸ್ತಾವೇಜು ಉಪ್ಪು ಬಳಸಿ ಪರಿಶೀಲಿಸಬೇಕು

ವೇ ಪುಸ್ತಕದ 11532 ದಸ್ತಾವೇಜಿನ ಒಂದನೇ ಪುಟ

Government of Karnataka

ಉಸೂಲಿ, ನಗರಭಾವಿ, ಬೆಂಗಳೂರು

Rs. 100

e-Stamp

Certificate No.	: IN-KA57700212062710R
Certificate Issued Date	: 22-Feb-2019 10:15 AM
Account Reference	: NONACC (FI) kacrsf08/ NAGARABHAVI/ KA-BA
Unique Doc. Reference	: SUBIN-KAKACRSFL0847984444772194R
Purchased by	: NATIONAL INSTITUTE OF UNANI MEDICINE
Description of Document	: Article 30 Lease of Immovable Property
Description	: LEASE AGREEMENT
Consideration Price (Rs.)	: 0 (Zero)
First Party	: NATIONAL INSTITUTE OF UNANI MEDICINE
Second Party	: BANK OF BARODA VIJAYANAGAR BRANCH BANGALORE
Stamp Duty Paid By	: NATIONAL INSTITUTE OF UNANI MEDICINE
Stamp Duty Amount (Rs.)	: 100 (One Hundred only)

सत्यमेव जयते



Please write or type below this line

LEASE DEED

This Deed of Lease made this 11<sup>th</sup> day of February 2019.

Between

National Institute of Unani Medicine, Kottigepalya, Magadi Main Road, Bangalore (hereinafter called "the Lessor/s", in which expression are included, unless such inclusion is inconsistent with the context, their or each of their respective executors, administrators, successors, estates and effects) of the one part, and

निदेशक / DIRECTOR

कृते बैंक ऑफ़ बरोडा For BANK OF BARODA

मुख्य प्रबंधक / Chief Manager  
बैंक ऑफ़ बरोडा, बंगलूर - 560 040  
Vijayanagar Branch, Bangalore - 560 040

Contd.....

**Statutory Alert:** ಸಾ.ಪು.ನಿ.ಸಂ/ನಿ.ಇ.ಇ.ಎಂ.

1. The authenticity of this Stamp Certificate should be verified at "www.shclsestamp.com". Any discrepancy in the details on this Certificate and as available on the website renders it invalid.
2. The onus of checking the legitimacy is on the users of the certificate.
3. In case of any discrepancy please inform the Competent Authority.

11/32

Bank of Baroda, a body corporate constituted under the Banking Companies (Acquisition and Transfer of undertakings) Act, 1970 and having its Head Office at Mandvi, Baroda and the Corporate Office at Baroda Corporate Centre, Bandra Kurla Complex, Bandra (East) Mumbai -400051, and a place of business among other places at Vijayanagar, Bengaluru (hereinafter called "The Lessee", which expression, unless repugnant to the context or meaning thereof includes its associate and subsidiaries, successors and assigns) of the other part.

**WITNESSETH AS FOLLOWS:**

1) In consideration of the rent hereby reserved and the performance of the covenants on the part of the Lessee hereinafter contained the Lessor do hereby demise unto the Lessee all that the portion measuring 100 sqft. of the Lessor's building known as ATM building constructed on land situated at NIUM Campus Kottigepalya, Magadi Main Road, Bengaluru,

hereinafter referred to as 'the demised premises,) TOGETHER WITH the use of the fittings and fixtures and other conveniences in the demised premises AND TOGETHER ALSO WITH the right for the Lessee, its servants, employees, visitors, customers and all other persons authorized by the Lessee to use in common with the Lessor and the tenants and occupiers of other portions of the said building and all other persons authorised by the Lessor the entrances, doorways, entrance halls, staircases, lobbies and passages in the said building leading to and from the said portion hereby let for the purpose of ingress thereto and egress there from TO HOLD the demised premises unto the Lessee from 05<sup>th</sup> December 2018 for a term of 10 (Ten) years (renewable as hereinafter mentioned) PAYING therefore unto the Lessor during the said term monthly and proportionately for any part of the month the rent of Rs. 8,500/- ( Rupees Eight thousand five hundred Only ) excluding taxes as applicable from time to time.

*if renewed shall be through fresh lease deed.*

For BANK OF BARODA  
मुख्य प्रबंधक Chief Manager  
विजयनगर शाखा, बंगलूर - 560 040  
Vijayanagar Branch, Bangalore - 560

\*for the first five years, with escalation in rent by for the remainder period (subject to tax deduction at source as per income tax rules in force from time to time), on the fifth day of succeeding calendar month, the first such payment after execution hereof to be made On the 05<sup>th</sup> December 2018 by the Lessee to the Lessor/s upon conditions of performance by Lessor/s of the agreements on the part of the Lessor/s herein after contained.

2) The Lessee hereby covenants with the Lessor as follows:

- a) To pay the reserved rent on the days and in the manner aforesaid.
- b) Electricity consumed in or upon the demised premises as shown by the separate meter as per the rates prescribed by BESCOM.
- c) Subject to clause 3(b) hereunder, to keep the interior of the demised premises in good and tenable repair and condition (reasonable wear and tear and damage by earthquake, tempest or other act of God or inevitable accident or by irresistible force always excepted).
- d) To use the demised premises for the purpose of a branch or office of the Lessee (Lessee as defined above) to carry on business of banking in all its forms including a safe deposit vault/ as godown or for residential purpose of the Lessee or for the business or residential purpose of the Lessee or the Lessee's subsidiaries/ associates or their executives/ officers/ other employees.

*[Signature]*  
निदेशक/DIRECTOR  
रा.यू.चि.सं./N.I.U.M.

For BANK OF BARODA  
मुख्य प्रबंधक Chief Manager  
विजयनगर शाखा, बंगलूर - 560 040  
Vijayanagar Branch, Bangalore - 560 040

*[Signature]*

ದಸ್ತಾವೇಜು ಸಂಖ್ಯೆ : 11532

ಈ ಪುಸ್ತಕದ 11532 ದಾಖಲೆಜನ...ನೇ ಪುಟ

18-19

ಉ.ಸೂ.ನ. ನಾಗರಭಾವಿ, ಬೆಂಗಳೂರು

ನಾಗರಭಾವಿ ದಲ್ಲಿರುವ ಉಪನೋಂದಣಾಧಿಕಾರಿ ರಾಜಾಜಿನಗರ ರವರ ಕಛೇರಿಯಲ್ಲಿ ದಿನಾಂಕ 27-02-2019 ರಂದು 12:03:49 PM ಗಂಟೆಗೆ ಈ ಕೆಳಗೆ ವಿವರಿಸಿದ ಶುಲ್ಕದೊ






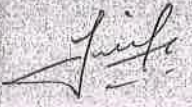
ಕ್ರಮ ಸಂಖ್ಯೆ	ವಿವರ	ರೂ. ಪೈ
1	ನೋಂದಣಿ ಶುಲ್ಕ	700.00
2	ಸೇವಾ ಶುಲ್ಕ	315.00
	ಒಟ್ಟು:	1015.00

ಶ್ರೀ AMITABH ROUSHAN (CHIEF MANAGER BANK OF BARODA VIJAYANAGAR) ಇವರಿಂದ ಹಾಜರ ಮಾಡಲ್ಪಟ್ಟಿದೆ

ಹೆಸರು	ಫೋಟೊ	ಹೆಚ್ಚಿಟ್ಟನ ಗುರುತು	ಸಹಿ
ಶ್ರೀ AMITABH ROUSHAN (CHIEF MANAGER BANK OF BARODA VIJAYANAGAR)			

ಹಿರಿಯ ಉಪನೋಂದಣಾಧಿಕಾರಿ  
ರಾಜಾಜಿನಗರ (ನಾಗರಭಾವಿ)  
ಬೆಂಗಳೂರು

ಬರೆದುಕೊಟ್ಟಿದ್ದಾಗಿ ಒಪ್ಪಿರುತ್ತಾರೆ

ಕ್ರಮ ಸಂಖ್ಯೆ	ಹೆಸರು	ಫೋಟೊ	ಹೆಚ್ಚಿಟ್ಟನ ಗುರುತು	ಸಹಿ
1	AMITABH ROUSHAN (CHIEF MANAGER BANK OF BARODA VIJAYANAGAR) (ಬರೆದುಕೊಂಡವರು)			
2	NATIONAL INSTITUTE OF UNANI MEDICINE REP BY ITS DIRECTORE PROF.MOHD ZULKIFLE (ಬರೆದುಕೊಡುವವರು)			

ಹಿರಿಯ ಉಪನೋಂದಣಾಧಿಕಾರಿ  
ರಾಜಾಜಿನಗರ (ನಾಗರಭಾವಿ)  
ಬೆಂಗಳೂರು



e) To deliver up the demised premises at the end of or other sooner determination of the tenancy together with all the Lessor's fittings and fixtures in such tenanted repair, order and condition as is consistent with the agreements on the part of the Lessee and conditions herein contained (reasonable wear and tear and damage by fire, earthquake, tempest or other act of God or inevitable accident or by irresistible force always excepted).

3) The Lessor hereby covenants with the Lessee as follows:

a) To pay all existing and future rates, taxes, cesses, assessments and all other impositions whatsoever now or hereafter charged or levied or imposed upon the owner or occupier of the demised premises including water taxes (other than charges if any for water consumed by meter) and every new/ increase in such rates, taxes, cesses, assessments and all other impositions whatsoever.

b) (i) To keep the demised premises including the walls, floors, ceiling, roof and structure and the water and drainage mains and pipes and sanitary apparatus thereof in good substantial and sanitary repair and in proper working order and condition and also to keep the electrical installation and wiring in the demised premises in good repair and condition in accordance with the Electricity Act 2003 and the rules there under.

(ii) The Lessor hereby consents to and permits additions and/or alterations of any nature whatsoever that may be required in the demised premises, including the outer walls and the terrace, for computerization, including cabling, additional power requirements, installation of Telecom equipment, Local Area Network (LAN), Disc / V sat Antena, modification of frontage to accommodate ATM that may be installed with provision for an independent door for being kept open round the clock all through the year.

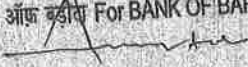
To keep the demised premises insured against loss or damage by fire in such sum as the Lessor shall deem to be adequate and in the event of the said premises being destroyed or damaged by fire during the said term forthwith to lay out in or towards repairing or reinstating the same in good and substantial manner all moneys received under or by virtue of any insurance effected thereon and to complete the said work in a reasonable time. Insurance premium shall be borne by the Lessors\*.

(d) That if the Lessee shall punctually pay the rent and observe and perform the agreements on the part of the Lessee and conditions herein contained, the Lessee shall quietly enjoy the demised premises during the period of the lease without any interruptions by the Lessor or any person lawfully claiming or in trust for the Lessor.

(e) The Lessee shall be entitled to determine the lease during the continuance of its period by giving a 3 month's notice to the Lessor and on the expiry of the period of such notice the Lessor shall take possession of the demised premises and the Lessee shall not be liable for any future rent.

(f) That the Lessor will, during the terms of tenancy, maintain the demised premises in good and habitable condition and shall execute all necessary repairs and maintenance including white washing, colour washing, painting of walls/ doors/ windows once in three years, all at the cost of the Lessor. However minor repairs, if any required, may be got attended to/ made by the Lessee without any reference to the Lessor.

  
ನಿರ್ದೇಶಕ/DIRECTOR  
ಸ.ಯು.ನಿ.ಸಂ./N.I.U.M.

ಕ್ರೋ ಬ್ಯಾಂಕ್ ಆಫ್ ಬರೋಡಾ For BANK OF BARODA  
  
- 03 - 5  
ಮುಖ್ಯ ಪ್ರबंधक Chief Manager  
विजयनगर शाखा, बंगलूर - 560 040  
Vijayanagar Branch, Bangalore - 560 040



1533 ನೇ ಪುಸ್ತಕದ 11533 ನಂ. 6 ನೇ ಪುಟ  
14-9  
ಉ.ನೋ., ನಾಗರಭಾವಿ, ಬೆಂಗಳೂರು

ಕ್ರಮ ಸಂಖ್ಯೆ	ಹೆಸರು ಮತ್ತು ವಿಳಾಸ	ಸಹಿ
1	SAJID HUSAIN KOTTIGEPALYA, BANGALORE	<i>Sajid Husain</i>
2	JAVID KOTTIGEPALYA, BANGALORE	<i>ಜಾವಿದ</i>

*Je*  
ಹಿರಿಯ ಉಪನೋಂದಣಿ ಅಧಿಕಾರಿ  
ರಾಜಾಜಿನಗರ (ನಾಗರಭಾವಿ)  
ಬೆಂಗಳೂರು



1 ನೇ ಪುಸ್ತಕದ ದಾಖಲೆ  
ನಂಬರ NGB-1 11532-2018-19 ಆಗ  
ಸಿ.ಡಿ. ನಂಬರ NGBD379 ನೇ ಧರಲ್ಲಿ  
ದಿನಾಂಕ 27-02-2019 ರಂದು ನೋಂದಾಯಿಸಲಾಗಿದೆ



ಉಪನೋಂದಣಿ ಅಧಿಕಾರಿ  
ರಾಜಾಜಿನಗರ (ನಾಗರಭಾವಿ)  
ಬೆಂಗಳೂರು



Designed and Developed by C-DAC, ACTS, Pune

ರಾಜಾಜಿನಗರ (ನಾಗರಭಾವಿ)  
ಬೆಂಗಳೂರು

*SP*

18.19

- (g) To provide parking space for the vehicles of the staff, clients of the Lessee and all other persons authorised by the Lessee.
- (h) Not to let out the remaining portion of the building for other banks, for banking purpose.\*
- (i) Lessor has to give access to the general public during timings of ATM and provide separate entrance gate to general public to utilize the ATM facilities within mentioned time.
- (j) The Lessor shall give first option to the Bank for any additional space that may be available in the premises during the period of lease.
- (k) In case of advance payment of rent to the Lessor, the Lessee shall have the right of appropriation of rent at Rs.8,500/- p.m. or **three months rent i.e, 25,500/- whichever is higher towards repayment of the advance.\***
- (4) It is agreed by and between the Lessor and the Lessee as follows:
- (a) If the Lessee shall fail to perform or observe any agreement on the part of the Lessee or conditions herein contained then and in such case it shall be lawful for the Lessor at any time thereafter to re-enter upon the demised premises and the lease shall thereupon determine provided that the Lessor shall not be entitled to forfeit this Lease for breach or non-observance or non-performance of any covenant or agreement or condition herein contained and on the Lessee's part to be observed and performed unless the Lessor shall have given to the Lessee notice in writing specifying the breach or omission complained of and requiring the Lessee to remedy the same and the Lessee shall have committed default in doing so within a period of sixty days from receipt of such notice by the Lessee.
- (b) If any time during the Lease, the demised premises shall be destroyed or damaged by fire, earthquake, tempest or any other act of God or inevitable accident or by irresistible force so as to become unfit for habitation and use for the purpose of the Lessee, then (provided the money payable under any policy of insurance shall not have become irrecoverable through any willful act or default of the Lessee or its agents, servants or employees) without prejudice to the right of the Lessee under the Transfer of Property Act, 1882, to avoid this Lease if the Lessee so elects to do, the rent hereby reserved or a fair and just proportion thereof, according to the nature and extent of the damage sustained (to be ascertained, in case the parties differ by a reference to arbitration pursuant to the provisions of the "Arbitration & Conciliation Act 1996" or any statutory modification or re-enactment thereof) shall be suspended and cease to be payable until the demised premises shall have been again rendered fit for habitation and use.
- (c) The Lessee shall be at liberty, at its own costs, to construct, fix erect, bring in or upon or fasten to the demised premises and to remove alter and re-arrange from time to time any office furniture, fixture and fittings, partitions and other articles which the Lessee may require for his business all of which the Lessee shall be at liberty to remove at or before the expiration or sooner determination of the Lease, without objection on the part of the Lessor but the Lessee shall make good any damage which may be thereby caused to the demised premises to the reasonable satisfaction of the Lessor.

  
निदेशक/DIRECTOR

कृते बैंक ऑफ बड़ोदा For BANK OF BARODA



मुख्य प्रबंधक Chief Manager

11332  
18-19

- (d) The Lessee shall be at liberty to place a name board or name boards or neon sign at the entrance to the demised premises and to the said building of such size and in such position as the Lessee deems fit and to hang or affix a frame or notice board bearing the designation of the office of the Lessee. For this purpose, the frontage of the first floor or floor facing the main road shall be exclusively made available for the Lessee's name board in addition to the entrance on the main/ side road.
- (e) If at any time during the Lease of the demised premises, the Lessor fails to pay the taxes or other dues of Municipal Corporation, Municipalities or other statutory/ local bodies in respect of the demised premises occupied by the Lessee, the Lessee shall be at liberty (but not bound) to pay such taxes/dues to that statutory/ local bodies and subsequently adjust it from the rents payable to Lessor in due course.
- (f) The stamp duty and registration charges payable in respect of this lease deed and a duplicate thereof, shall be borne and paid by the Lessor / Lessee / the Lessor and the Lessee in 50:50 shares\* and each party hereto shall bear and pay its own lawyers charges and the Lessee shall be entitled to retain the original lease deed and the Lessor the duplicate thereof.
- (g) **The interest free deposit of Rs.25,500/- (Rs Twenty five thousand and five hundred only) being three months' rental advance that may be paid/made to the Lessor shall be recovered or adjusted by the Lessee during the certain period of the Lease.\***

Any notice required to be served under these presents shall be sufficiently served on the Lessee if sent by Regd. Post to its/their above address and to the Lessors at his/ her/ their usual/known place of residence and the notice served by post shall be deemed to have been served at the time when in normal course of post it would be delivered at the address to which it is sent.


(5) **PROVIDED ALWAYS** and it is hereby agreed and declared that:


The Lessor will, on the written request of the Lessee made not less than 3(three) calendar months before the expiration of the term hereby created, if there shall not at the time of such request be any existing breach or non-observance of any of the covenants on the part of the Lessee herein contained,

the rent increased by 15 % of the rent ~~by~~ five years thereby fixed in respect of such further period and containing the same covenants and provisions as are herein contained excluding/including this present covenant for renewal\*.

6) **Termination of lease** : Lessee shall have the right of terminate lease agreement and vacate ATM site by giving 3 months prior notice to lessor

7) **Expenses** : Lease deed to be executed and expenses to be born by lessor and lessee 50:50 of total expenses.

  
 निदेशक/DIRECTOR  
 रा.यू.चि.सं./NLU

कृते बैंक ऑफ़ बड़ोदा For BANK OF BARODA  
  
 मुख्य प्रबंधक Chief Manager  
 बंगलूर शाखा, बंगलूर - 560 040  
 Branch, Bangalore - 560 040





Property schedule in as ~~\_\_\_\_\_~~ un-used land in survey no

10. 61 and 62 on magadi Road, Bangalore in sriganada. Kavalu, village  
Yeshwanthpur, Hobli, Bangalore, North Taluk. measuring 10x10 ft

~~\_\_\_\_\_~~ **B** ~~\_\_\_\_\_~~

18th August 1932  
18-8

*Amir*  
*Jiffi*

IN WITNESS WHEREOF THE Lessor has set his/ her/ their hand and the duly constituted attorney of the Lessee, has set his/her hand hereunto and to a duplicate hereof the day and year first above written.

Signed and delivered by the above named Lessor,

*[Signature]*  
निदेशक/DIRECTOR

Prof. Mohd Zulkifli M.  
Director, I/C,  
National Institute of Unani Medicine,  
Kottigepalya  
Bengaluru.

in the presence of JASID HUSAIN

Signed and delivered for and on behalf of Bank of Baroda by

को बँक ऑफ बरोडा For BANK OF BARODA

*[Signature]*  
Mr. Amitabh R. Bhusan  
Chief Manager  
Vijaynagar Branch, Bangalore - 560 040  
Bank of Baroda,  
Vijaynagar Branch,  
Bengaluru

the duly constituted Attorney, in the presence of *[Signature]*

*[Signature]*

\* Delete if not applicable.

NOTE : Please delete the inapplicable terms/conditions as per sanction letter and then handover to Lessor for perusal and execution.

*[Handwritten mark]*

**NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU**  
**Cultural Events and Sport Activities**

**Hakim Ajmal Khan Cultural Events 2019**

29 January to 11 February 2019

Sl. No.	Events	No. of Participants
1.	Essay writing Urdu	45
2.	Essay writing English	40
3.	Extempore speech	25
4.	Ghazal Goi (Singing)	22
5.	Bait Baazi	40
6.	Health Quiz	44
7.	Slogan writing	106
8.	Mehndi	36

**Hakim Ajmal Khan Sports Activities 2019**

29 January to 11 February 2019

Sl. No.	Events	No. of Participants
1.	Badminton Double (Students Boys)	26
2.	Badminton Double (Students Girls)	30
5.	Badminton Double (Teaching staff)	16
6.	Badminton Double (Non-Teaching staff)	10
9.	Table Tennis single (Students Boys)	14
10.	Table Tennis Double (Students Boys)	18
11.	Table Tennis Double (Teaching staff)	14
12.	Table Tennis single (Teaching staff)	20
13.	Table Tennis single (Students Girls)	30
14.	Table Tennis Double (Students Girls)	24
15.	Carom Double (Teaching Teaching)	24
17.	Carom Double (Non-Teaching)	18
19	Carom Double (Boys)	34
21	Carom Double (Girls)	36
23	Race 100 meters Staff below 35 years-Male	16
24	Race 100 meters Staff above 35 years-Male	10
25	Race 100 meters Staff below 35 years- Female	10
26	Race 100 meters Staff above 35 years- Female	08
27	Race 100 meters (Boys)	20
28	Race 100 meters (Girls)	26
29	Cricket Students	60
30	Cricket Staff	60

**NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU**  
**Cultural Events and Sport Activities**

**Results of Hakim Ajmal Khan Cultural & Sports Activities**  
**on the eve of Unani day Celebration-2019**

Sl.No	Events	Name	Position/Prize
1.	Essay Writing (Urdu)	Obaidur Rahman Mearaj ul Islam Tabassiya Kowser Syeda Kharshiya Saher Sadaf Afreen Naseebullah	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> Consolation Consolation Consolation
2.	Essay Writing (English)	Ghazala Ahmad Shabnum Khurshid Shaista Perveen Marhaba Khanum Obaidur Rahman Syeda Kharshiya Saher	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> Consolation Consolation Consolation
3.	Extempore Speech	Mirza Faiz Baig Mohd Mekail S. Nizamuddin Ghazala Ahmad Qudsia Zehra Marhaba Khanum	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> Consolation Consolation Consolation
4.	Health Quiz	Ishrat Khan Momina Khan Rukhsar Basheer Mohammad Danish	Winner
		Syeda Kharshiya Saher Obaidurrahman Sadaf Afreen Naseebullah	Runner
5.	Bait Bazi	Bushra Sana Kauser Ateeq Ahmad Rummana Kauser Qudsia Zehra	Winner
		Mirza Faiz Baig Masood Ahmad Saeedur Rehman Mohammad Zakir	Runner
6.	Ghazal Singing	Qudsia Zehra Owais Faisal Shamshiya Khatoon Shaista Mahfooz	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> Consolation
7.	Slogan writing competition	Khan Ishrat Tabassiya Kouser Nazmeen Shakeel Muzayyana	1 <sup>st</sup> 2 <sup>nd</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>
8.	Mehndi	Ayesha Tahseen Khan Ishrat Hina Kouser Nusrat Khan Hina Anjum Khan Sabira Salma	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> Consolation Consolation Consolation Consolation



**NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU**  
**Cultural Events and Sport Activities**

9.	Badminton (Double)	<b>(Boys)</b> Sayyedur Rahman, Ameer Hasan	Winner
		Mohd Rashid, Jameel Ahmad	Runner
		<b>(Girls)</b> Sana Rahman, Nazreen Fatima	Winner
		Shaheen Akhlaque, Muzayyana Khan	Runner
		<b>(Staff Female)</b> Mrs. Geetha, Mrs. Seema	Winner
		Mrs. Madhura, Mrs. Jameela Banu	Runner
		<b>(Staff Male)</b> Dr. Mohd Nayab, Dr. Azeez	Winner
		Mr. Mohd Zeeshan, Dr. Imran Khan	Runner
10.	Table Tennis	<b>(Staff)</b> Dr. Hamiduddin	Winner
		Dr. Arish Sherwani	Runner
		<b>(Boys)</b> Mohd Zaki	Winner
		Sayyedur Rahman	Runner
		<b>(Girls)</b> Muzayyana Khan	Winner
	Hina Kouser	Runner	
11.	Carom	<b>(Staff)</b> Mr. Arun, Mr. Javed	Winner
		Dr. Mohd Nayab	Runner
		<b>(Boys)</b> Naseebullah, Mohd Rashid	Winner
		Sajid Habib, Ejaz Ahmad	Runner
		<b>(Girls)</b> RummanaKausar, Maryam Ahad HinaKouser, Ayesha Ansari	Winner Runner
12.	Race	<b>(Staff above 35 years)</b> Mr. Nand Kishore Mr. Ehtesham Ahmad Dr. Wasim Ahmad Dr. Mohd Nayab	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> Consolation
		<b>(Staff above 35 years)</b> Mr. Mohd Zeeshan Mr. Dhanush Yadhava Mr. Ajmeer Pinjar	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>
		<b>(Staff Female)</b> Miss Bahnu Priya Miss Madhura Dr. Arshiya Sultana	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>
		<b>(Girls)</b> Ghazala Ahmad Shaista Mahfooz Farheen Musharraf Saima Nagori	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> Consolation
		<b>(Boys)</b> Mohd Naqibuddin Mohd Tarik Anis Ansari	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>

**NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU**  
**Cultural Events and Sport Activities**

**Cricket (Staff) 2019**

Sl.No	Team- Zeeshan (Winner)	Team-Nayab (Runner up)
1	Dr. Abdul Haseeb Ansari	Dr. Mohd Nayab
2	Dr. MD A Bhat	Dr. Malik Itrat
3	Dr. Shariq Shamsi	Dr. Abdul Mubeen
4	Dr. Mohd Asjad Khan	Dr. Imran Khan
5	Mr. Nadeem Ahmad Siddiqui	Dr. Hamiduddin
6	Dr. Rumman	Dr. Abdul Azeez
7	Dr. Azizur Rahman	Dr. Wasim Ahmad
8	Mr. Mohd Zeeshan	Dr. Mohd Fazil
9	Mr. Praveen	Mr. Ehtesham Ahmad
10	Mr. Sunil	Mr. Zaffar Pasha
11	Mr. Manju	Mr. Ajmeer Pinjar N
12	Mr. Naveen	Mr. Nand Kishore
13	Mr. Tariq Hafeez	Mr. Kashif

**Cricket (Student) 2019**

Sl.No	Buqrat-11 (Winner)	Jalonoos-11 (Runner up)
1	Mobassir Abbas	Sayyedur Rahman
2	Mirza Faiz Baig	Musab Ahmad
3	Mohd Riyazuddin	Mohammad Tarik
4	Mohd Zakir Ansari	Manchala Ashok
5	Kaleem Ahmad	Mohd Rashid
6	Masood Ahmad	Sarfraz Ahmad
7	Rafia Manzoor	Naseebullah
8	Ghazi Jahangeer Rather	Md Naqeebuddin
9	Sajid Habib	Ejaz Ahmad
10	Khaleel	Mohammad Zaki Ahmad
11	Mohd Nadeem	Fazlur Rahman
12	Mohd Asif Khan	Mohd Abdul Ghani
13	Obaidur Rahman AR	Prof. Iftikhar Ahmad

**NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU**  
**Cultural Events and Sport Activities**

**29 January to 11 February 2020**  
**Hakim Ajmal Khan Sports Event**

Sl.No.	Events	No. of Participants
1.	Badminton Double (Boys)	26
2.	Badminton Double (Girls)	30
5.	Badminton Double (staff)	16
9.	Table Tennis single (Boys)	14
12.	Table Tennis single (Staff)	36
13.	Table Tennis single (Girls)	30
15.	Carom Double (Staff)	40
19	Carom Double (Boys)	40
21	Carom Double (Girls)	44
28	Volley Ball	44
29	Cricket Students	60
30	Cricket Staff	60

**Hakim Ajmal Khan Cultural Events 2020**

Sl.No.	Events	No. of Participants
1.	Essay writing Urdu	45
2.	Essay writing English	46
3.	Extempore speech	25
4.	Ghazal Goi (Singing)	20
5.	Bait Baazi	40
6.	Health Quiz	44
7.	Dawa Shanasi (Drug identification)	66

**NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU**  
**Cultural Events and Sport Activities**

**Results of Cultural Week, 2020 on the eve of Unani day Celebration**

Sl.No	Events	Name	Position/Prize	
1.	Essay Writing (Urdu)	Shakreen Naz	1 <sup>st</sup>	
		Mearaj ul Islam	1 <sup>st</sup>	
		Khadeija Abdul hafeez	2 <sup>nd</sup>	
		Tabassiya Kowser	2 <sup>nd</sup>	
		Qamrul Islam Usmani	3 <sup>rd</sup>	
		Md. Mikaeel	Consolation	
		Sayma Nagori	Consolation	
2.	Essay Writing (English)	Sanila Adil Zafar	1 <sup>st</sup>	
		Zikra Tahseen	2 <sup>nd</sup>	
		Shaista Perveen	3 <sup>rd</sup>	
		Fakeha Firdose	3 <sup>rd</sup>	
		Mearaj ul Islam	Consolation	
		Md. Khursid Alam Ansari	Consolation	
		3.	Extempore speech	Afshana nabi
Marhaba Khanum	2 <sup>nd</sup>			
Fakeha Firdose	3 <sup>rd</sup>			
Nazma Khan	Consolation			
Asia Khanam	Consolation			
4.	Health Quiz			Massarat Yousf
		S.w. Moazzam		
		Ayesha Tabasum		
		Shabnum Khursheed		
		Sayeedur Rahman	Runner	
		Qamrul Islam usmani		
5.	Bait Bazi	Md. Tarique	Runner	
		Ejaz Ahmad		
6.	Ghazal Singing	Sana Kauser Ateeq Ahmad	1 <sup>st</sup>	
		Rummana Kauser		
		Khadeeja Abdul Hafeez		
		Qudsia Zehra		
		Sayed Ameer Hasan		
		Sayeedur Rahman	2 <sup>nd</sup>	
		Naseebullah		
		Waqar Ahmed		
		Sabreena Bashir		2 <sup>nd</sup>
		Darakhshan Anwar		
Iftikar Ahmad				
Shamshiya Khatoon				
Fayaz Ahmad				
		Shaista Mahfooz	3 <sup>rd</sup>	
		Hina Anjum		
			Consolation	
			Consolation	
			Consolation	

**NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU**  
**Cultural Events and Sport Activities**

7	Drug Identification	Sayma Naghori	1 <sup>st</sup>
		Shakreen Naz	1 <sup>st</sup>
		Fakeha Firdose	2 <sup>nd</sup>
		Baig Ruqaiyya Khatoon	2 <sup>nd</sup>
		Hushmuddin	2 <sup>nd</sup>
		Hina Anjum	3 <sup>rd</sup>
		Shaista Perveen	3 <sup>rd</sup>
		Rukhsar Basheer	3 <sup>rd</sup>
		Saba Khanum	Consolation
		Ayesha Tabasum	Consolation
Asia Khanam	Consolation		

**Sports Results - 2020**

<b>Badminton (Gents)</b>	
<b>Winner</b>	<b>Runner</b>
Mohd Zeeshan	Dr. Ameer Hasan
Tariq Hafiz	Dr. Saeedurrahman
<b>Badminton (Ladies)</b>	
Dr. Nazreen Fatima	Dr. Ayesha Tahseen
Dr. Shaista Mahfooz	Dr. Baig Ruqayya
<b>Carom (Gents)</b>	
Mansoor Bash	Dr. Ejaz Ahmad
Mohd Kashif	Dr. Mohd Azhar
<b>Carom (Ladies)</b>	
Dr. Shahista	Dr. Shamshiya
Dr. Baig Ruqayya	Dr. Darakshan
<b>Table Tennis (Gents)</b>	
Dr. Mohd Anis Ansari	Dr. Owais Faisal
<b>Table Tennis (Ladies)</b>	
Gold - Dr. Umme Ayman	Silver – Dr. Sumbul
<b>Cricket</b>	
Winner – Dr. Husain Team	Runner – Dr. Musab Team
<b>Volleyball</b>	
Winner – Dr. Mohd Azhar Team	Runner – Prof. Iftikhar Ahmad Team
<b>Total Certificates</b>	<b>64</b>



**NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU**  
**Cultural Events and Sport Activities**

**Cricket 2020**

<b>Winner</b>	<b>Runner</b>
Dr. Husain Ahmad	Dr. Musab Ahmad
Dr. Zaheer Ahmad	Dr. Saeedurrahman
Dr. Mohammad Usama	Dr. Mohammad Tarik
Dr. Amir Rasool	Dr. Mohammad Zaki Ahmad
Dr. Abdul Malik	Dr. Fazlur Rehman
Dr. Waqar Ahmed	Dr. M Ashok
Dr. Rahul Kumar	Dr. Naseebullah
Dr. Safdar Husain	Dr. Md Naquibuddin
Dr. Mustaqeem Khan	Dr. Sarfaraz Ahmad
Dr. Adil Saboor	Dr. Mohd Rashid
Dr. Wazeef Akhtar	Dr. Jamil Ahmad
Dr. Mohd Shakeeb Fahad	Dr. Merajul Islam
Dr. Amjad Saifi	Prof. Iftikhar Ahmad

**Volleyball 2020**

<b>Winner</b>	<b>Runner</b>
Dr. Mohd Azhar	Prof. Iftikhar Ahmad
Dr. Owais Faisal	Dr. Saeedurrahman
Dr. Ajaz Ahmad	Dr. Mohammad Tarik
Dr. Ameer Hasan	Dr. Mohammad Zaki Ahmad
Dr. Altaf Ahmad	Dr. Musab Ahmad
Dr. Mikael	Dr. Ejaz Ahmad
Dr. Mohd Anees	Dr. Naseebullah
Dr. Mir Manzoor	Dr. Mohd Rashid
Dr. Qamar	Dr. Nizamuddin

**Observation of National and International Public Awareness Programmes****Days observed at NIUM every year****World Population Day**

World Population day aims to increase people's awareness on various population issues such as the importance of family planning, including Gender equality, poverty, maternal health and human rights. Hence to give direct impact on the people's mind, appearing in various OPD of NIUM, the department of Tahaffuzi wa Samaji Tib celebrates World Population Day on 11<sup>th</sup> of July every year in the institute. On this occasion various lectures with the assistance of Power Point presentation were delivered by doctors of the department of TST were delivered in explicable language.

**Anti-Tobacco Day**

Keeping in mind the key facts; that Tobacco kills up to half of its users. And around more than 08 million people each year. The department of Tahaffuzi wa Samaji Tib organized a campaign and tried to educate people by exposing the harmful effects of Tobacco on the occasion of Anti-tobacco day. On this occasion lectures were delivered by the faculty members with the presentation of data of mortality rate, cancer rate by the consumption of tobacco, both active and passive, all over the world and within India itself.

**Heart Day.**

The department of Tahaffuzi wa Samaji Tib celebrated the World Heart Day in the Institute regularly on 29<sup>th</sup> of Sept. Every year. NIUM doctors delivered valuable lectures to the general public regarding dos and don'ts for the Healthy Heart, like: Quit smoking, Get exercising and Start eating healthy.

**World Mental Health Day**

One in five persons at the workplace experiences a mental health condition. A negative working environment may lead to physical and mental health problems, harmful use of substances like Alcohol, Absenteeism and lost productivity and many times increasing healthcare costs and in extreme conditions, leads to suicide by a person. Depression and anxiety are common mental disorders that have an impact on our ability to work. The employers who encourage colleagues, who may be struggling from mental disorders, see

## **NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU**

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gains not only in the health of their employees but also in their productivity at work. Therefore, to decrease the gap between the employees and employer the National Institute of Unani Medicine organized the World Mental Health Day on 10<sup>th</sup> October every year in the institute under the department of Preventive and Social Medicine. Various valuable lectures were delivered by the teachers on this occasion. Awareness about various stress buster techniques was also given to the audience.

### **World Arthritis Day**

The motive for organizing the World Arthritis Day (WAD) was to make people aware with a rheumatic, musculoskeletal and other degenerative diseases directly or indirectly related to musculoskeletal diseases. Therefore, to make the public aware about the Arthritis the National Institute of Unani Medicine with the assistance of department of Tahaffuzi wa Samaji Tib organized World Arthritis Day on 12<sup>th</sup> of October every year. In this Programme, faculty members made the public aware about the prevention from musculoskeletal diseases, especially Arthritis.

### **National Nutrition Week**

The objective to celebrate National Nutrition Week -2018 is 'healthy eating habits and to create awareness about nutrition'. National Nutrition week is observed between 1<sup>st</sup> -7<sup>th</sup> September every year. The theme for National Nutrition Week 2018 is 'Go Further with Food'. As per the latest data available "roughly 40% of children under five are stunted and 21% of children under five are severely wasted or undernourished". Nearly half of all deaths in children under age 05 are attributable to under-nutrition. This translates into an unnecessary loss of about 03 million young lives a year. In India itself, 3,000 children die every day due to malnutrition. Therefore, as per the directions from Govt. of India door to door campaign were conducted in a pre-identified colony, school surveys are also arranged in which doctors explain about the health, nutrition, healthy diet to school children. During the whole week awareness programmes were conducted in which valuable lectures were delivered by the faculty members in intelligible languages to the public.

### **World Leprosy Day**

World Leprosy Day is observed internationally every year on the last Sunday of January to increase the public awareness of the Leprosy or Hansen's Disease. This date was chosen by

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French humanitarian Raoul Follereau as a tribute to the life of the Mahatma Gandhi who had compassion for people afflicted with leprosy. National Institute of Unani Medicine also organized a free counselling camp inside the campus to educate people about the Leprosy. Doctors of the department of Tahaffuzi wa Samaji along with PG scholars were deputed at the camp. The main areas covered by the doctors and educated the public are: Leprosy is curable with MDT (multi drug therapy). Multi drug therapy taken regularly ensures complete cure of leprosy, prevents deformities and stops transmission to other individuals. Early diagnosis, appropriate treatment and completion of full course will prevent disability due to leprosy. Leprosy is not hereditary; it does not transmit from parents to children. Leprosy does not spread through casual touch like shaking hands or playing together, or working in same office. Close and frequent contacts with untreated cases favour the spread. Leprosy is not the result of past sins or immoral behaviour. It is caused by a bacterium called Mycobacterium leprae. People affected by leprosy have right to livelihood and right to live with dignity.

### **Observation of World Breast Feeding Week**

World Breastfeeding Week (WBW) is an annual celebration which is being held every year from 1-7<sup>th</sup> August in more than 120 countries. It refers to coordinated activities and policies to promote health among women, newborns and infants through breastfeeding.

The World Health Organization (WHO) recommends infants should be exclusively breastfed for the first six months of life to achieve optimal health and development, followed by complementary foods while continuing breastfeeding for up to two years or beyond.

NIUM celebrates World Breast feeding Week with the initiatives of Department of Ilmul Qabalat wa Amraze Niswan from 1-7<sup>th</sup> August every year. During the whole week the lectures were conducted for the lactating mothers in the NIUM hospital in which breast feeding benefits for babies were informed. They were informed that the breast milk is nature's perfect baby food. It contains immunity-boosting antibodies and healthy enzymes. It protects against allergies and eczema, and may cause less stomach upset, diarrhoea, and constipation. It also reduces the risk of virus attacks, urinary tract infections, inflammatory bowel disease, gastroenteritis, ear infections, and respiratory infections. It also protects against diseases such as spinal meningitis, Type-1 diabetes, and Hodgkin's lymphoma. Besides demonstrating the health benefits for breastfed children, the health benefits for women were also taken-up. It lowers the risk of breast

and ovarian cancer. It helps the women to lose pregnancy weight, it triggers uterus to shrink back to pre-pregnancy size. It may also lower the risk of osteoporosis. It heals the body after delivery and delays menstruation.

### **Ovarian Cancer Awareness Month**

Ovarian cancer is a silent killer, so the best way to protect is to find the cancer early. Ovarian cancer is the third most common cancer in women and more women die of this cancer than from any other reproductive cancer. The risk factors for ovarian cancer are older women, nulliparity, endometriosis, if the women had breast, uterine or colorectal cancer or if close family member have had ovarian cancer. Women had a lower chance of getting ovarian cancer, if she had tubal ligation, hysterectomy or oophorectomy and many children's. It is asymptomatic in the beginning and symptoms occur in severe stage only. The only symptom the patient's presents is abdominal discomfort and gastritis, which is not responding to antacid in the initial stage of the disease. In later stage the patient present with the symptoms like pain, feeling of fullness, bloating, lump in the belly; gastric problems like nausea, vomiting, lack of appetite and feeling fullness after eating light and small meals. Abdominal discomfort, back pain and dyspareunia, abnormal bleeding/discharge from vagina, sudden weight loss or gain with apparent reason, fatigue etc. In suspected cases after the physical examination, patients were evaluated with USG or MRI or CT scan and CA 125 and in such cases NIUM provided free Ultra sound. Due to this the dept. of Ilmul Qabalat wa Amraze Niswan organized the month of September every year as an Ovarian Awareness Month. Various lectures were delivered by the doctors along with power point presentation in OPDs. Pamphlets were distributed to the patients arrived at NIUM OPD. Door to door campaigns were also conducted during the whole month. More than 6500 patients arrived at NIUM OPD were counselled with the Ovarian Cancer and its prevention and early detection and treatment. Use of herbal immunomodulators for prevention of Ovarian Cancer was suggested to the masses such as Use of food, rich in antioxidants like green vegetables, fresh fruits, fibers, whole grains, proteins etc, can help to prevent it. Unani medicines which are effective in prevention of ovarian cancer are, *Asgand, Kutki, Neem, Tulsi, Karela, Jamun, Amaltas, Chal Arjun, Musli safed, Jadwar, Satavar, Amla, Elva, Haldi, Zafran, Lehsun, Adrak* and so on.



**Observation of Breast Cancer Awareness month**

National Breast Cancer Awareness Month (NBCAM) is an annual international health campaign organized every October to increase awareness of the disease and its cause prevention, diagnosis, treatment and cure. The aim of the NBCAM is to promote awareness of breast cancer. The Department of Ilmul Qabalat wa Amraze Niswan in collaboration with NIUM Hospital, organized and observed Breast Cancer awareness month from 1-31<sup>st</sup> October, every year.

Banners and charts showing importance of Breast Cancer awareness were depicted covering different areas of the Institute's Hospital to bring awareness in general public in local language Kannada, English and Urdu. The faculty members of the department of Ilmul Qabalat wa Amraze Niswan gave valuable lectures during the whole month in an easy and local languages. Help of audio visual gadgets were also taken to make the programme more effective and emphasis was laid upon the prophylactic aspects of the diseases. The primary purpose for the campaign is to promote screening mammography as the most effective was to save the lives by detecting Breast Cancer at early stages. Suspected cases were referred for free scanning. Patients who attended the hospital are educated about the awareness of Breast Cancer, its early detection and treatment.

**Observation of Cervical Cancer Awareness month**

Cervical cancer is the 2<sup>nd</sup> most common cancer and 5<sup>th</sup> most deadly cancer in women. It affects 16 lakh women per year and kills 9 lakh per year. Eighty percent of cervical cancer occurs in developing countries. HPV infection is the greatest risk factor for cervical cancer. Other risk factors include HIV, chlamydial infection, skin related disorders, dietary factors, hormonal contraception, multiple pregnancies, exposure to DES, familial, early marriage, early use of OC pills. The most common symptoms of cervical cancer are abnormal vaginal bleeding, foul smelling discharge, post coital bleeding and general weakness in post-menopausal women.

Pap smear is important screening test for the detection of cervical cancer. You can treat early cervical cell changes (dysplasia), which can reduce your risk for cervical cancer. If Pap test is positive, colposcopy directed biopsy is helpful in staging the disease. According to ACOG, Pap smear should be done in all sexually active women above the age of 18years and repeated every 3years if negative. HPV vaccine can be given to prevent cervical cancer in a three dose schedule.

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Department of Ilmul Qabalat wa Amraze Niswan observed every January as cervical cancer awareness and screening month. Audio visual awareness and campaign related to cervical cancer was conducted for OPD and IPD patients daily in different languages. Many patients attended the program every year. Door to door campaign are carried out in which patients are screened clinically many patients got their pap smear done. Peoples who attended NIUM hospital were counseled about the Cervical cancer Awareness, and they were provided with detail informative pamphlets in Kannada, English and Urdu regarding cervical cancer and importance of Pap smear.

Use of Unani herbal antioxidants, immunomodulator, daily bath and cleanliness can prevent and reduce the risk of cervical cancer. Women who smoke cigarettes or who breathe in secondhand smoke have a higher risk for cervical cell changes that can lead to cervical cancer was highlighted in pamphlets and awareness program. Quitting smoking may decrease this risk.

### **Hindi Pakhwada Celebration at NIUM**

Every Year on 14<sup>th</sup> September, Hindi Divas is celebrated all over the Country to remember the historic events related to Hindi and to promote and propagate the Hindi Language. Hindi written in Devanagiri script has been approved as an official language by the Constituent Assembly and thereafter 14<sup>th</sup> September is celebrated as Hindi Divas and as per the directions from Govt. of India, Hindi *Pakhwada* is celebrated in the institute from 14<sup>th</sup> - 28<sup>th</sup> September every year; the main motive is to promote and give priority to the Hindi language, and to implement Hindi in each and every Govt. offices. The celebrations under this programme were essay writings, storytelling, poem recitations etc. Many staff members and P.G. Scholars participated in the programme. The Programme was concluded with the prize distribution by the Director of the institute.



**Governing Body Meeting**

**2014-15**

1. 11<sup>th</sup> GB meeting was held on 28.02.2015 at New Delhi

**2015-16**

1. Nil

**2016-17**

1. 12<sup>th</sup> GB held on 01.04.2016 at New Delhi

**2017-18**

1. Nil

**2018-19**

1. Nil

**Standing Finance Committee Meetings**

**2014-15**

1. On 26<sup>th</sup> June 2014 at New Delhi
2. On 21<sup>st</sup> July 2014 at New Delhi
3. On 24<sup>th</sup> Nov 2014 at New Delhi

**2015-16**

1. At New Delhi on 19<sup>th</sup> May 2015
2. At New Delhi on 16<sup>th</sup> June 2015
3. At New Delhi on 9<sup>th</sup> Nov. 2015

**2016-17**

1. At New Delhi on 27<sup>th</sup> May 2016
2. At New Delhi on 12<sup>th</sup> Jan 2016

**2017-18**

1. At New Delhi on 8<sup>th</sup> August 2017

**2018-19**

1. 49<sup>th</sup> SFC at NIUM Bangalore on 13.08.2018

**2019-20**

1. 50<sup>th</sup> SFC at NIUM Bangalore on 28.06.2019
2. 51<sup>th</sup> SFC on 28.04.2020 (Virtual meeting)





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### Participation in Pulse Polio Immunization Programme

Pulse Polio Immunization Camp conducted from 2012 – 2020 programs

Sl. No.	Date	Months	Place	Total No. of Children
1.	15.04.12	April 2012	NIUM Hospital	67
2.	20.01.13	January 2013	NIUM Hospital	169
3.	23.02.2014	Feb 2014	NIUM hospital	222
4.	22.02.2015	Feb 2015	NIUM hospital	151
5.	17.01.2016	Jan 2016	NIUM hospital	252
6.	21.02.2016	Feb 2016	NIUM hospital	182
7.	02.04.2017	April 2017	NIUM hospital	63
8.	30.04.2017	April 2017	NIUM hospital	40
9.	28.01.2018	Jan 2018	NIUM hospital	51
10.	11.03.2018	March 2018	NIUM hospital	130
11.	10.03.2019	March 2019	NIUM hospital	178
12.	19.01.2020	Jan 2020	NIUM hospital	103

### Measles Elimination and Rubella Control Programme (07.02.2017 - 28. 02.2017)

07.02.2017 to 28.02.2017 at NIUM hospital 352 Children were immunized



AIDS/HIV awareness among school children

ಮುಖ್ಯ ವೈದ್ಯಾಧಿಕಾರಿಗಳಿಗೆ,  
ಮೈಸೂರು ಹಾಸ್ಪಿಟಲ್,  
ಗೌರಗುಂಟೆ ಪಾಲ್ಕೆ,  
ಬೆಂಗಳೂರು - 22.

ದಿನಾಂಕ 12/12/2011.

ಮಾನ್ಯರೇ,

ವಿಷಯ: ದಿನಾಂಕ 10-12-2011 ರಂದು ನಡೆದ  
ಎಡ್ಸ್ ಕೋಗದ ಬಗ್ಗೆ ಅರಿವು ಮೂಡಿಸಿದ  
ವೈದ್ಯರಿಗೆ ಅಭಿನಂದನೆಗಳನ್ನು ಸಲ್ಲಿಸುವ ಬಗ್ಗೆ.

ದಿನಾಂಕ 10/12/2011 ರಂದು ಸರ್ಕಾರಿ ಪ್ರೌಢಶಾಲೆ, ಗೌರಗುಂಟೆಪಾಲ್ಕೆ  
ಬೆಂಗಳೂರು ಈ ಕಾಲೇಜು ತಮ್ಮ ಇಸ್ವಿತ್ರಿಯಿಂದ ಕಳುಹಿಸಿದ  
ಶ್ರೀಯುತರಾದ ಡಾ|| ಬಸವರಾಜ ಬಿರಲ, ಡಾ|| ರಠಮತುಲ್ಲಾ,  
ಮತ್ತು ಡಾ|| ಎನ್. ಎಂ. ಕೆ. ಶೇಷಾನಿ ಅವರುಗಳು ಎಡ್ಸ್ ಕೋಗದ  
ಬಗ್ಗೆ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಅರಿವು ಮೂಡಿಸಿ, ಅವರಲ್ಲ ಜಾಗೃತಿಯನ್ನು  
ಮೂಡಿಸಿರುತ್ತಾರೆ. ತಮ್ಮ ಅಮೂಲ್ಯ ಸಮಯದಲ್ಲಿ ನಮ್ಮ ಕಾಲೆಗೆ  
ಬಂದು ಈ ಕಾರ್ಯಕ್ರಮವನ್ನು ನಡೆಸಿ ಕೊಟ್ಟಿರುವ ತಮ್ಮ ವೈದ್ಯರುಗಳಿಗೆ  
ಹಾಗೂ ತಮ್ಮ ಸಹಕಾರಕ್ಕಾಗಿ ನಮ್ಮ ಶಾಲೆಯ ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ ಮತ್ತು  
ಇತರರಿಂದ ತಮ್ಮೆಲ್ಲರಿಗೂ ನಮ್ಮ ಅಭಿನಂದನೆಗಳನ್ನು ಸಲ್ಲಿಸುತ್ತಿದ್ದೇವೆ.

ವಂದನೆಗಳೊಂದಿಗೆ,

ತಮ್ಮ ವಿಜ್ಞಾನಿ,

Dr. Prabhakar P. 13/12/11  
ಕರ್ನಾಟಕ ಪ್ರಜ್ಞಾಪಾಲಕ  
ಗೋರಗುಂಟೆಪಾಲ್ಕೆ, ಯಶವಂತಪುರ  
ಬೆಂಗಳೂರು-560 022